

12/02/19

Dear Parent / Guardian

Your child is working towards achieving their Duke of Edinburgh's Award and as such has been invited by the school to attend a training day on the school site from **9:30am - 2:30pm on Monday 25th February 2019.**

The Pre-Expedition Training Day is designed to help inform and prepare the participants for their practice expedition. It is part of the expectations of the award itself and is evidenced within the participants eDofE profile. Any young person wishing to attend future expeditions must attend this training.

Get Outside the Classroom staff will work on a carousel with small groups of participants, rotating around a series of workshops. During the course of the day they will take part in; *First Aid, Packing a Rucksack, Creating a Kit List, Pitching Tents, Food, Stove Use, Basic Navigation & eDofE.*

We have provided a *Participants Handbook* which we understand will be available **on the school's website.** We would recommend both parents and participants read the document before each expedition to ensure they are familiar with their content and expectations.

Participants should come dressed to be outside all day. Please check the weather forecast and dress appropriately. It might also be a good idea to bring a spare set of trainers for indoor use as muddy footwear will be left outside. In addition, you should also bring with you; a packed lunch, pen and mug all in a small rucksack/bag.

During the stove session participants will have the opportunity to make a hot chocolate but may wish to also bring with them a snack which can be made either by boiling in the bag or adding hot water. Keep it simple (no dirty pots expected) and you'll also need your own cutlery if you choose to make anything.

We would hope that all attendees will leave the day feeling able to make sound informed decisions about what to bring (and maybe purchase), be familiar with some of the equipment they will use and more confident about the challenges ahead.

You should arrive at **the school front entrance at 9:30** and sign in with a member of school staff who will direct you to **the Sports Hall.**

The number listed at the top of this letter will divert to an appropriate mobile on the day should you need to contact your child in an emergency and please don't hesitate to get in touch via email if you have any questions before attending.

Many thanks for your support and we look forward to meeting the group after the summer.

Kind regards,



Mark Harnden